

Music is the Medicine • Copperwoman

	Open/Gather	Grounding	Gratitude	Support/unity	Earth Nature	Wisdom/Truth Inspiration	Healing	Letting Go	Dying	Food Blessing ♥	Easy and/or fun
1. Bless this food I put into my body											
2. Bring your love, bring your gratitude	♥		♥	♥							
3. Can we be here?	♥		♥								
4. Crawling out of my skin, shedding								♥			
5. Down, down, down deep in the earth					♥						
6. Enter gently dear ones								♥	♥		
7. For some reason you came to me									♥		
8. Hold wholeness holy						♥			♥		
9. I am here for you				♥							
10. I am here reminding you						♥					♥
11. I am sending you light							♥		♥		
12. I am whole, I am happy						♥					♥
13. I can cry from deep down							♥	♥			♥
14. I command all cords attached to my body		♥									
15. I don't need anything											♥
16. I fell down but I'm ok											♥
17. 1. I give back, I give back				♥						♥	
18. I'm good enough and I always have been						♥		♥			
19. I'm one with you				♥							
20. I offer you, you offer me				♥							♥
21. I open to feel the love of the Father						♥	♥				
22. I release what I don't need any more							♥	♥			
23. I used to feel left out						♥					
24. I wanna pray for the people I know,							♥				♥
25. I will be gentle with myself						♥	♥	♥			
26. I wish you abundance, abundance											♥
27. Let yourself be loved				♥							
28. Listen to your heart						♥	♥	♥			
29. Love makes the world go round				♥							
30. Mama, mama ocean						♥		♥			
31. My Turn to Hold you as you held me				♥							
32. Nothin's gonna, nothin's gonna take it						♥					
33. Oh bone marrow, make white blood cells							♥				

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34. Oh Grandmother						♥					
35. One Being, One Love				♥							
36. One voice, one light, we are family				♥							
37. On the upward journey of the Spiral									♥		
38. Please don't hold me						♥					
39. Power is the right of the maiden						♥					
40. Purify my being, prepare me to serve		♥					♥				
41. Raising up to Father Sky		♥		♥		♥	♥				
42. Send you love, surround you in light				♥							
43. Simply Trust							♥	♥			
44. Sisters you give me courage to carry on				♥							
45. Some day, I'll be all that I can be											♥
46 Spirit, I know, you hear me calling						♥					
47. Stories are stored in the stones						♥					
48.Surrender to An Open Heart				♥				♥			
49. Thank you for calling us all here together	♥		♥								
50. Thank you for guiding me			♥			♥					
51. Thank you Goddess			♥								♥
52. The angels are callin,' callin' our sister									♥		
53. There's a circle surrounding	♥			♥					♥		
54.They're Gonna Radiate Me							♥				
55. Uniting one with another				♥							
56. Walking hand in hand with Spirit						♥					
57. Walking in Integrity				♥		♥					
58. We are ancient, we are now						♥					
59. We gotta give thanks			♥								
60. We pray for your divine adjustment		♥				♥					
61. What else is there to do						♥					
62. When I look at life			♥			♥	♥	♥			
63. Would you care to sit with me						♥					
64. You always know						♥					
65. I am in perfect timing						♥					♥