

# Massage therapy

practiced as a healing art

*RELEASES...*

tension and physical discomfort

*STIMULATES...*

the blood and cleanses the lymph

*FREES...*

the breath and restores the soul

## Suzette Nyokka

is a deep tissue massage and movement therapist with 20 years of skill in the natural healing arts. She received her training as a natural health educator and advanced therapies technician both at Heartwood Institute and the Institute of Educational Therapy. The quality of her work is deep, structural and restorative in nature and she offers specialized care for cancer patients and elders as well as deep tissue massage, energetic alignment and "feeling-great" tuneups.

Call now to start feeling great!

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