

## Training In Process Oriented Psychodrama (PrOP)

### Stages

- Beginning: six sessions
- Intermediate: five sessions
- Advanced: six sessions

The sessions build upon each other, and I encourage you to take all three stages. All sessions are held on weekends and last from 9:30 to 5:30. We use a private home in Montara. A map will be sent upon registration. Each course builds upon the previous and is a prerequisite for the next.

### In all the training we use...

- A syllabus
- Lecture and discussion
- Demonstrations with video
- Small groups for practicing skills and leading dramas

The focus is on skill building, being present and attentive, and helping you cross your “edges.” Many take the training for personal growth as well as to increase their clinical skills.

### What you learn will aid you in...

- Being a more effective therapist
- Leading psychodramas
- Being more present and attentive with people in everyday life
- Being sensitive to your feelings and expressing them appropriately



Psychodrama Training & Groups by Harris Clemes, Ph.D. • 2005-2006

CEUs available

Address Correction Requested

Harris Clemes, Ph.D.  
537 Riverview Dr.  
Capitola, CA 95010  
831.462.6057



## What Is Process Oriented Psychodrama (PrOP)?

PrOP is a dynamic blend of conventional Psychodrama, Hakomi Therapy, and Process Oriented Psychology.

### *This blend creates a psychodrama that...*

- Lets the client's (Protagonist) process determine the flow of action.
- Encourages the Director to be fully present & attentive to the Protagonist.
- Helps the Director and Protagonist set up dynamic, meaningful scenes.
- Provides the Protagonist with important experiences they missed.
- Provides the Director with tools for deepening the Protagonists experience.
- Helps the Protagonist integrate their changes.
- Follows the feeling, movements and sounds of the body. The body knows what is often hidden from the mind.



*PrOP creates an atmosphere where our "Point of Sincerity" busts into flame and we wake up to our creative self.*

## Beginning Training

### *You will learn...*

- The stages and flow of PrOP
- Basic clinical and PrOP skills
- How to track the Protagonist's process, deepen it, and move into dramas

You will sharpen your awareness through viewing taped demonstrations. I use several assistants who have gone through the training so that each person gets personal attention and feedback.

## Intermediate Training

### *You will perfect skills already learned and also learn about...*

- REP systems
- Missing Experiences
- The Awareness Wheel
- The Organic Self

Most people start to lead complete psychodramas at this stage. When you start leading complete psychodramas, I do careful and precise coaching.

## Advanced Training

You will continue practicing your skills and learn how to use PrOP with individual clients and with couples. The sessions are formatted to take into account the unique needs of the group.



## Ongoing Psychodrama Group

The Santa Cruz Group meets on the first Saturday of every month from October through July in the Santa Cruz area. The group meets from 9:30 to 5:30 and the fee is \$85 per session. The purpose is to assist people to integrate disowned parts, experience and express feelings, explore ways of handling conflicts and enhance awareness of self and others.

## Schedule and Fees

### *Beginning Training Fee: \$570*

Sunday, October 16, 2005  
 Saturday, October 29, 2005  
 Sunday, November 6, 2005  
 Saturday, November 19, 2005  
 Sunday, December 4, 2005  
 Saturday, January 14, 2006

### *Intermediate Training Fee: \$475*

Saturday, January 21, 2006  
 Sunday, February 5, 2006  
 Saturday, February 25, 2006  
 Sunday, March 5, 2006  
 Sunday, March 12, 2006

### *Advanced Training Fee: \$570*

Sunday April 2, 2006	Saturday, May 20, 2006
Sunday, April 16, 2006	Sunday, June 4, 2006
Sunday, May 7, 2006	Sunday, June 11, 2006

**Note:** The dates of the Intermediate and Advanced Training might be changed depending on the needs of the group. If you miss a session, you can stay current by viewing the videotape of that session.

## Payment & Deposit

There is a \$100 deposit to hold your place for each training stage, refundable up to 10 days before the first session. Full payment is expected at the first session. A payment schedule can be arranged.

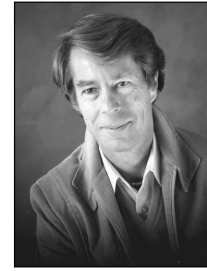
**Space is limited. Sign up early.**

We use group support, small group exercises, scripted roles, personal issue scenes and dreams.

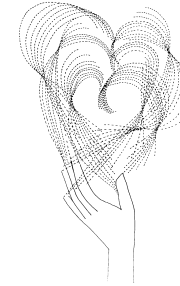
There are two 5-month series a year. I ask you to commit for a series of five sessions and to pay for four of them. You need not commit until you try one session.



Harris is an Adjunct Faculty Member at the Institute of Transpersonal Psychology. He has taught at Stanford University, Occidental College and numerous extension programs. He has been involved in psychodrama since 1967. He has studied and practiced different forms of psychodrama and has developed his own unique style based on Process Oriented Psychology and Hakomi therapy. He is in private practice in the Santa Cruz area at 831.462.6057. [harrisclemes@charter.net](mailto:harrisclemes@charter.net)



**Harris Clemes, Ph.D.**



## What People Have Said About the Training

"This is the best clinical training I have received to date."

"I have learned how to be more present with people."

"This is much more effective training and experience than the skills I have learned in both my Psychotherapeutic Skills I & II classes combined."

"Harris and his carefully crafted training intensive have helped me develop courage, compassion, curiosity, and flexibility."

"I have grown when I was challenged to cross my edges."



Send registration to Harris Clemes, Ph.D. • 537 Riverview Dr., Capitola, CA 95010  
 Please call if you have questions: 831.462.6057

## Registration

Name \_\_\_\_\_ Phone \_\_\_\_\_ Email address \_\_\_\_\_  
 Street Address \_\_\_\_\_ Apt \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

*You can sign up for the beginning training now and wait until the end of that training to sign up for the intermediate and advanced.*

I am enclosing:

• \$100 deposit for the Beginning Training (refundable up to two weeks before the first session—Oct. 16)